Vacuum Erection Device (VED) Instructions



A vacuum erection device (VED) is a non-surgical option for treating erectile dysfunction (ED). It helps men get and keep an erection using gentle suction and a constriction ring.

☐ How It Works

- The VED is a plastic tube placed over the penis
- A manual or electric pump creates a vacuum that pulls blood into the penis
- A soft rubber ring is placed at the base of the penis to keep the erection during sex

☐ Who Can Use a VED?

VEDs work well for:

- · Men with ED from aging, diabetes, or nerve injury
- Men after prostate surgery
- Those who want a drug-free or non-invasive option

■ Benefits

- · No surgery or pills needed
- · Cost-effective and reusable
- Satisfaction rates around 77% for men and their partners

■ What to Expect

Some men may notice:

- Mild bruising or red spots (petechiae)
- Numbness or cool feeling in the penis
- Trouble with ejaculation

These side effects are usually mild and go away on their own.

■ Safety Tips

- Only use FDA-approved VEDs with a vacuum limiter
- Always follow instructions to avoid injury
- If you're on blood thinners or have bleeding problems, talk to your doctor first
- Do not leave the constriction ring on longer than 30 minutes

■ Types of Devices

- · Manual VED: You pump by hand
- Electric VED: Battery-powered and easier to use

Ask your provider which type is right for you.



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Step-by-Step Use

- 1. Place the penis in the tube
- 2. Create suction with the pump until the penis is firm
- 3. Slide the rubber ring to the base of the penis
- 4. Remove the tube carefully
- 5. The ring can stay on for up to 30 minutes (no longer!)
- 6. After sex, remove the ring

☐ When to Avoid VED Use

Use with caution or ask your doctor if you have:

- A history of priapism (painful erections)
- Severe curvature of the penis
- · Bleeding disorders or are taking anticoagulants

If you have questions or need help using the device, we are here to support you. We can guide you or recommend additional resources. Contact VED rep at>

www.onemedsolutions.com info@onemedsolutions.com







Resources Men's Health Chirag Dave, MD

About Me

Thank you for choosing me as your doctor. Please watch the video to learn more about me and my practice. I look forward to helping you on your journey to better health.



We Value Your Feedback

If you had a positive experience with your care, we would be grateful if you could take a moment to leave us a 5-star review on Google. Your feedback helps other patients find the support they need and allows us to continue providing excellent care.



Jasper Clinic



Marietta Clinic



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For more information about Advanced Urology or Dr. Chirag Dave, please visit www.advancedurology.com

